



PRE-CAMP QUARANTINE EXPECTATIONS

For years, Camp JCA Shalom has been a “*Shalom Bayit*” for our participants and staff. Literally, this means “a peaceful house,” but we use it to mean “a safe place” for our entire camp community. **The physical and emotional health and safety of our community is our top priority.** It is the foundation upon which camp is built. Creating the safest possible community is our guiding principle this summer; therefore our guidance may at times be slightly more restrictive than CDC out of an abundance of caution in protecting the health and safety of our camp community.

For the 14 days* preceding your camp session you need to quarantine and remain only in your family COVID “bubble”. This means you and your camper need to:

- Avoid any indoor unmasked exposure outside immediate family, even to vaccinated people
- Participate only in school, daycare, or camps that follow CDC guidance including universal masking, hand hygiene, spacing, small group cohorting and contact tracing
 - If above school, daycare, or camp experiences are discretionary, families will avoid scheduling them the week before camp to minimize exposure risk
- Avoid all public gatherings of more than five people outside of your household
- Avoid indoor restaurants
- Avoid team sports
- Avoid hosting overnight guests in your home who are not routine visitors/family in your home
- Avoid staying overnight in someone else’s home who is not a frequent visitor/family in your home
- Avoid travel outside of your home region
- Avoid socializing outside of school and workplaces
- Avoid businesses and locations that do not follow COVID health/safety guidelines

This means that you and your camper need to:

- **At minimum, follow the most up-to-date CDC guidelines**
- Maintain six-feet physical distance from those outside your household when in public spaces
- Wear masks outside of your home
- Practice diligent hand hygiene

**Per CDC guidelines for overnight camps*

Pre-Camp Health Monitoring

Additionally, we ask you to monitor your camper for COVID symptoms and exposures for the 14 days prior to the start of your camper’s session via a daily check in through CampMinder. We will share information about how to access this soon.

This summer presents a unique opportunity to model for our campers our collective responsibility to one another. If everyone adheres to these policies it will make our community as safe as possible. **Thank you in advance for doing your part to keep our community safe!**